



girl scouts
of north east ohio

Girl Scout Daisy First 6 Meetings

for

Kindergarten - 1st Grades



The Journey is the framework for participating in Girl Scouts. Every activity should be tied to at least one of the three keys: Discover, Connect, Take Action, and include age appropriate girl planning.



Information and Directions

Overview

The Girl Scout Daisy First 6 Meetings Program is an outline for six troop meetings. Your goal, through the use of this packaged program, is to see the girls growing while utilizing the Discover Connect, Take Action Leadership Model and the Girl Scout Process.

Discover, Connect, Take Action Leadership Model

Discover: (Learn about) Girls understand themselves and their values and use their knowledge and skills to explore the world

Connect: (Share with others) Girls care about, inspire, and team with others locally and globally.

Take Action: (Do) Girls act to make the world a better place, using critical thinking skills to get to the root of an issue and strive toward lasting change.

Girl Scout Process

Cooperative learning: All members of a group work together toward a common goal that can only be accomplished with the help of others.

Girl-Led: Girls play an active role in the planning and implementation of activities, while adults provide age-appropriate guidance, ensuring that the planning, organization, setup, and evaluation of all activities are done jointly with girls.

Learning by Doing: A “hands-on” learning process that engages girls in cycles of action and reflection resulting in deeper understanding of concepts and mastery of practical skills.

Resources to help you carry out a Girl Scout Daisy Program

“Petal Program” resources:

- *The Guide for Daisy Girl Scout Leaders*
- *Daisy Girl Scout Activity Book*

“Journey Book Program” resources:

- "It's Your Planet-Love It!" *** "It's Your World-Change It!" *** "It's Your Story-Tell It!"

Additional resources:

- *SafetyWise/Safety Activity Checkpoints*
- *Transforming Leadership* (Discover, Connect, Take Action) *** *It's Your Journey-Customize It!*
- GSNEO Volunteer Resource Guide
- www.girlscouts.org
- www.gsneo.org
- www.girlscouts.org/itsyourplanet

Troop Meeting Tips

Regardless if you meet weekly, bi-weekly or monthly, each meeting should have a set time frame and format/agenda (for example):

Pre-meeting activity: An activity that needs only one leader's attention (or none) and can be done fairly independently so you can greet parents and finish setting up. Usually set up in the same location.

Opening: Flag ceremony, saying the Girl Scout Promise. Interchangeable with closings.

Activity(s): *Discover, Connect, Take Action* falls into this area.

Clean Up: Don't forget to include this important task in your format.

Closing: Friendship Circle, stating what they learned the most about or liked the best today.

Snack Time: If you have it, it can be included where ever it fits best into your format/agenda.

The length of your troop meeting will depend on the age of your girls, their personalities and how often you meet. One hour might be good for a Daisy, where 1-1/2 hours for 2nd graders would work just fine. Opening and closings can be the same at each meeting or you can change them up.

Which program books should I use?

For this level, the program book choices are:

- Daisy Girl Scout Activity Book (commonly referred to as the "Petal Program")
- Girl Scout Leadership Journeys

You can do the program activities from either series of books, or intermix them throughout the year(s). Remember each series of programs has its own badges or awards which go along with it.

The following pages contain six meetings laid out for each program book series. Pick the program book you want to use and follow the meeting outline in that column, or adapt it to meet your troops' needs, or mix the two programs together. Below is a sample of what your plans might look like if you mixed the two program books together.

Sample of the two programs intermixed:

1st meeting:

- Session 1 of the Daisy Flower Garden Journey book.

2nd Meeting:

- Session 2 of the Daisy Flower Garden Journey book.
- After they recited the Promise they have earned the blue center award of the daisy flower.
- Complete petal activity for Responsible for What I say and Do on page 23 of the Daisy Girl Scouts Leaders Guide.

3rd Meeting:

- Session 3 of the Daisy Flower Garden Journey book
- Complete the friendly and helpful petal activities *and* the first activity for considerate and caring petal activities on page 22 of the Daisy Girl Scouts Leaders Guide.

4th Meeting:

- Field Trip: Take Action project: take the cards for the elderly and delivery them to a retirement home. Don't forget the permission slips!

5th Meeting:

- Talk about and practice for the Investiture/re-dedication ceremony at this meeting. Visit www.scoutingweb.com for info about investitures and re-dedication ceremonies.
- Make invitations for their families to attend the ceremony next week. Tie in the *dark green petal use resources wisely here*.

6th Meeting:

- Beginning of the meeting, practice, practice, practice.
- Ceremony takes place in the last 20 minutes of the meeting
- Give the girls the awards they have earned, listed below.

Awards Earned so far:

- Journey Book Awards:
 - Watering Can Award
- Girl Scout Daisy Petal Program:
 - Blue center of daisy flower
 - #5 Orange petal for responsible for what I say and do
 - #2 Yellow petal for friendly and helpful
 - #3 Light green petal for considerate and caring
 - #8 Dark green petal for using resources wisely

Be sure to plan ahead and get any necessary supplies needed for each meeting. It is good to have songs and games ready to go in case you need to fill in some time. Reminder that you can supplement your troop's meeting with Service Unit Events like Juliette Low's Birthday/Founder's Day (October), Thinking Day (February), Bridging (spring), Council Events found on our website www.gsneo.org or other field trips which interest the girls.

Questions?

Call on members of your service team, other troop leaders, or service unit director. They are experienced volunteers who can lend support, offer ideas and guidance to you. Your Membership Specialist, at your local service center, is also available to assist you. Remember the only "bad" question is the one not asked. We can't help if we do not know there is a need.



Program Plan:

| 1 st Meeting | | Daisies Kindergarten & 1 st grades | |
|--------------------------------|---|---|---|
| Daisy "Petal Program" | | Daisy Flower Garden Journey Book | |
| Resources | <ul style="list-style-type: none"> The Guide for Daisy Girl Scouts Leaders (LG) Daisy Girl Scout Activity Book (AB) Transforming Leadership. Focusing on Outcomes of the New Girl Scout Leadership Experience (TL) | Resources | <ul style="list-style-type: none"> How to guide Girl Scout Daisies Through the Welcome to the Daisy Flower Garden (LG) Leader's Guide Welcome to the Daisy Flower Garden (AB) girl book Transforming Leadership. Focusing on Outcomes of the New Girl Scout Leadership Experience (TL) |
| Pre-meeting activity: | Complete the <i>Who Am I?</i> (p. 3 AB). | Pre-meeting activity: | Have the <i>All About Me!</i> (p. 9 AB) sheets or books available for the girls to color. |
| Opening: | Explain the Daisy Circle (p. 48 LG) Each girl and leader introduces herself and her favorite color. | Opening: | Explain the Daisy Circle (p. 36 LG): Have the girls say their name and their favorite animal that they wrote down on the coloring sheet. |
| Discover: (learn about) | <ol style="list-style-type: none"> Discuss the Girl Scout Sign (p.20 LG), what it represents and when it is used. Discuss the Girl Scout Promise and what it means. Discuss what the Girl Scout Law is (p. 20 LG, pp.12-15 AB) which is referred to in the last line of the Girl Scout Promise. Show them that each petal of the Law is a different color and they will be learning more about each of them and earning them at future meetings. | Discover: (learn about) | <ol style="list-style-type: none"> Discuss the Girl Scout Sign (pp. 25 & 50 LG, p. 20 AB), what it represents and when it is used. Discuss the Girl Scout Promise (p.37 LG, p. 14-15 AB) and what it means. Introduce the Girl Scout Law, (p. 37 LG,) which is referred to in the last line of the Girl Scout Promise. You might post the poster on the wall that shows Daisy and her Flower Friends and the Girl Scout Law. Show them each petal of the Law is represented by a different color and flower. Explain that they will be learning more about each of them and earning them at future meetings. |

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| Connect: (share and practice) | 1. Ask the girls what it means to make a promise and how they feel when a promise is broken 2. Ask the girls what “The Law” in general means to them (not the specific laws). You could relate it to our civil laws and then tie it in with the Girl Scout Law. Should we obey “The Law”? What happens when we don’t? | Connect: (share and practice) | 1. Ask the girls what it means to make a promise and how they feel when a promise is broken. 2. Introduce the characters and information on pages 5-15 AB. 3. Read Chapter 1 (p.17-21 AB). Cover the questions at the end of the chapter and Cover the tidbits in the information boxes as you read. 4. Daisy circle, Garden-Style game |
| | Say the Girl Scout Promise while showing the Girl Scout Sign (p. 20 LG, p. 10 AB). Have a large version of the Promise printed on one side and the Law on the other side of a poster board to help the girls learn it. | | Say the Girl Scout Promise while showing the Girl Scout Sign Have a large version of the Promise printed on one side and the Law on the other side of a poster board to help the girls learn it. |
| Clean Up: | | Clean Up: | |
| Closing: | Friendship Circle and squeeze (p.41 LG) | Closing: | Friendship Squeeze and Friendship Circle (p.25 LG) |
| Misc: | 1. Send home a copy of the Girl Scout Promise for them to work on memorizing or show them where it is in their activity book (p.10), <u>if they each have one</u> . 2. If they all have books they can complete the activity out of their own book. If they don’t have them, you will need to provide the copied pages for them. 3. When the girls have learned the Girl Scout Promise they will have earned The Girl Scout Promise Center | Misc: | 1. Send home a copy of the Girl Scout Promise for them to work on memorizing or show them where it is in their activity book (p.15), <u>if they each have one</u> . 2. If they all have books they can complete the activity out of their own book. If they don’t have them, you will need to provide the copied pages for them. 3. This lesson is covered mostly on pages 34-47 LG. |
| Earned: | Nothing yet | Earned: | Nothing yet |

Notes:

Program Plan:

| 2 nd Meeting | | Daisies Kindergarten & 1 st grades | |
|------------------------------|--|---|---|
| Daisy "Petal Program" | | Daisy Flower Garden Journey Book | |
| Pre-meeting activity: | Complete <i>Daisy Girl Scouts have Feelings, Thoughts, and Dreams</i> (p.6-7 AB) | Pre-meeting activity: | Color <i>Me and My family!</i> (p.11 AB). Color <i>Me and My World!</i> (p.13 AB). |
| Opening: | While in the Daisy Circle, review first and have the girls make the sign and say the Girl Scout Promise. Don't forget your poster board to help them out. | Opening: | While in the Daisy Circle, let them know today they will say hello to one another in Spanish, a language spoken in many countries, including Mexico and Spain. People say hello by saying, "Hola" which sounds like Ola. Going around the circle, ask each girl to say "Hola" to the girl to her left. Review first, then make the sign and say the Promise together. Don't forget your poster board to help them out. |
| Discover: | Review: <ul style="list-style-type: none"> • The Sign • The Promise and what it means. Say and go over what the Girl Scout Law is (p. 20 LG, pp.12-15 AB) which is referred to in the Girl Scout Promise. Show them that each petal of the Law is a different color and they will be earning each of those. | Discover: | Review: <ul style="list-style-type: none"> • The Sign • The Promise • The Law <ul style="list-style-type: none"> ○ Discuss what it means to be responsible for what I say and do (a line of the Law) and what it means to have patience. Introduce the Girl Scout Handshake (p.20 AB). |
| Connect: | Do the following activities and have each girl share her favorite part of each. The Girl Scout Promise (p.10-13 AB) The Girl Scout Law (p. 12-15 AB) | Connect: | While in the Daisy Circle, review the characters and have them share something identifying about each. Read the Garden Story, Chapter 2 (p. 23-31 AB) Cover the questions at the end of the chapter and Cover the tidbits in the information boxes as you read. Plant the mini-garden with a friend (p. 42-42 LG) Play Garden Scamper game |

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| Take Action: | | Take Action: | |
| Clean Up: | | Clean Up: | |
| Closing: | Friendship Circle and squeeze (p.41 LG) | Closing: | Learn and sing Sandy's Song for Girl Scout Daisies (p.5 AB, p.75 LG) or other songs that interest the girls Friendship Squeeze and Circle |
| Misc: | Repetition is the key to helping them learn and memorize. Remember to keep it girl led whenever there are decisions to be made. Keep the choices to a few on their level. | Misc: | This lesson is covered on pages 49-53 leaders' guide. Remember to keep it girl led whenever there are decisions to be made. Keep the choices to a few on their level. |
| Earned: | Blue Daisy center for the Promise | Earned: | Nothing yet. |

Notes:



Program Plan:

| 3 rd Meeting | | Daisies Kindergarten & 1 st grades | |
|------------------------------|---|---|---|
| Daisy "Petal Program" | | Daisy Flower Garden Journey Book | |
| Pre-meeting activity: | Complete <i>Daisy Girl Scouts have Friends!</i> (p.8-9 AB) | Pre-meeting activity: | Color <i>Draw It!</i> (p.26 AB) or <i>All About Keys!</i> (p.31 AB). |
| Opening: | Say the Promise with the Sign. Teach and Sing <i>Make New Friends</i> song can be found at www.scoutingweb.com . | Opening: | Have the girls gather in the Daisy Circle. Let them know today they will say hello to one another in French, a language spoken in many countries, including France and Parts of Africa. People say hello by saying, "Bonjour". Going around the circle, ask each girl to say "Bonjour" to the girl to her left while she greets her with the sign. Recite the Promise with the Sign. Show them the poster board. |
| Discover: | <ol style="list-style-type: none"> 1. Introduce the Investiture Ceremony/Re-dedication Ceremony. 2. Explain the difference between to two ceremonies They can be done in one ceremony. You are only invested into Girl Scouts once, but are re-dedicated each year you are a member. 3. Ask them what the word ceremony means to them and if they can give any examples. | Discover: | Introduce: <ul style="list-style-type: none"> • Girl Scout handshake (p.56 LG), discuss when, where and why we use the Handshake. |

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| Connect: | <ol style="list-style-type: none"> 1. Practice all parts of the ceremony. 2. Decorate invitations for the families to attend the investiture next meeting. (Have the parents come for the last 20 min. of the meeting.) | Connect: | <p>Water their mini-gardens with their friend.</p> <p>While in the Daisy Circle:</p> <ol style="list-style-type: none"> 1. Have girls practice the handshake with each other. 2. Read the Garden Story, Chapter 3 (p. 33-43 AB) Cover the questions at the end of the chapter and Cover the tidbits in the information boxes as you read. 3. Review the Law and what Sunny, Zinni and Mari represent (p. 59 LG) Play Imitating Nature game (p.60 LG) |
| Take Action: | | Take Action: | |
| Clean Up: | | Clean Up: | |
| Closing: | Flag ceremony (see <i>Ceremonies in Girl Scouting</i> book for more suggestions.) | Closing: | Flag ceremony (see <i>Ceremonies in Girl Scouting</i> book for more suggestions.) |
| Misc: | <p>You will need their Daisy Pin for the ceremony next meeting.</p> <p>Send home copies of the song and promise and encourage them to practice for the next meeting.</p> | Misc: | This lesson is covered on pages 55-64 leader's guide. |
| Earned: | Nothing. | Earned: | <p>Watering Can Award for being responsible for their mini-gardens and for deepening their understanding of the Law.</p> <p>You can give it to them now or wait for the ceremony.</p> |

Notes:

Program Plan:

| 4 th Meeting | | Daisies Kindergarten & 1 st grades | |
|------------------------------|--|---|--|
| Daisy "Petal Program" | | Daisy Flower Garden Journey Book | |
| Pre-meeting activity: | Spend the time practicing the song and Promise, going over how the ceremony will work <u>and</u> doing a practice run. | Pre-meeting activity: | Complete <i>How Does Your Garden Grow?</i> (p.44-45 AB). |
| Opening: | | Opening: | While in the Daisy circle, have girls do the Handshake with their neighbor on either side. Sing the song they have previously chosen. |
| Discover: | | Discover: | <ol style="list-style-type: none"> 1. Introduce the Investiture Ceremony/Re-dedication Ceremony. 2. Explain the difference between to two ceremonies They can be done in one ceremony. You are only invested into Girl Scouts once, but are re-dedicated each year you are a member. 3. Ask them what the word ceremony means to them and if they can give any examples. |
| Connect: | | Connect: | <ol style="list-style-type: none"> 1. Practice all parts of the ceremony 2. Water their mini-garden with their friend. 3. Discuss again what it means to have patience. Decorate invitations for the families to attend the investiture next meeting. (Have the parents come for the last 20 min. of the meeting.) 4. Play one of the girls' favorite games today. |

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| Take Action: | Investiture Ceremony: (see <i>Ceremonies in Girl Scouting</i> for more suggestions) <ul style="list-style-type: none"> • Flag ceremony • Pin the girls and give them their awards • Say the Promise together with the Sign • Sing Make New Friends Dismiss them | Take Action: | |
| Clean Up: | | Clean Up: | |
| Closing: | Friendship Circle and squeeze (p.41 LG) including families. | Closing: | Friendship Circle and squeeze. |
| Misc: | Remember to keep it girl led whenever there are decisions to be made. | Misc: | You will need their Daisy Pin for the ceremony next meeting. Send home copies of the song and promise, and encourage them to practice for the next meeting. Remember to keep it girl led whenever there are decisions to be made. |
| Earned: | Give them the following at the ceremony if you have not already done so. Put the awards in a plastic bag so they do not get lost. <ul style="list-style-type: none"> • Daisy pin (should have been pinned onto their shirt at the ceremony) • Blue Daisy Center for the Promise | Earned: | |

Notes:

Program Plan:

| 5 th Meeting | | Daisies Kindergarten & 1 st grades | |
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| Daisy "Petal Program" | | Daisy Flower Garden Journey Book | |
| Pre-meeting activity: | Complete <i>A Paper Portrait</i> (p.5 AB). | Pre-meeting activity: | Spend the time practicing the song the girls have chosen (Sandy's Song or another) and Promise, going over how the ceremony will work <u>and</u> doing a practice run |
| Opening: | Flag ceremony and say the Promise with the Sign. | Opening: | |
| Discover: | <p>Introduce the first part of the Law (light blue petal):</p> <ul style="list-style-type: none"> • Honest and Fair <p>Discuss what it means to be honest and fair to them (p. 22-23 LG)</p> <p>Explain the Kaper chart (p.52 LG) and how you will be using it at future meetings.</p> <p>Discuss the different jobs and how they should be done.</p> | Discover: | |
| Connect: | <p>Share how it feels to you when things are not fair or when someone is not honest with you.</p> <p>Have the girls help you to divide the girl's names among the chores you listed on the Kaper chart.</p> | Connect: | |

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| Take Action: | Have the girls figure out how to fairly divide a basket of apples among themselves. | Take Action: | Investiture Ceremony: (see <i>Ceremonies in Girl Scouting</i> or the website for more suggestions) <ul style="list-style-type: none"> • Flag ceremony • Pin the girls and give them their awards Say the Promise together with the Sign • Sing Sandy's Song or whatever the girls have chosen. Dismiss them |
| Clean Up: | | Clean Up: | |
| Closing: | Friendship Circle and squeeze (p.41 LG) | Closing: | Friendship Circle and squeeze, including families. |
| Misc: | Design and bring in a Kaper chart for the girls to see. | Misc: | |
| Earned: | Light Blue petal for honest and fair | Earned: | Give them the following at the ceremony if you have not already done so. Put the awards in a plastic bag so that they do not get lost. <ul style="list-style-type: none"> • Daisy pin (should have been pinned onto their shirt at the ceremony) Watering Can Award |

Notes:

Program Plan:

| 6 th Meeting | | Daisies Kindergarten & 1 st grades | |
|------------------------------|---|---|---|
| Daisy "Petal Program" | | Daisy Flower Garden Journey Book | |
| Pre-meeting activity: | Make a large drawing of a daisy and let the girls color each petal to represent one part of the law. You will need to have a master one there for them look at (p. 14-15 AB). | Pre-meeting activity: | Complete <i>Living the Girl Scout Law</i> (p. 64 AB) and if there is time <i>Flowers Live the Girl Scout Law</i> (p. 65 AB). |
| Opening: | Flag ceremony and sing <i>Make New Friends</i> | Opening: | Have the girls gather in the Daisy Circle. Let them know that today they will say hello by saying "hallo" to one another in Dutch. This language is spoken in the Netherlands. AND People in Iran say "salam" for hello. Ask them to greet another girl with one of these two greetings. Do a Flag Ceremony and then recite the Promise with the Sign. Do they still need the poster board? |
| Discover: | Review the Kaper chart use. Introduce the second part of the Law: <ul style="list-style-type: none"> • Friendly and helpful Discuss what friendly and helpful means to them. (p. 22-23 LG) What are friendly phrases? | Discover: | |

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| Connect: | Role play various situations where the girls are being helpful. What do you say and how do you act when someone helps you? | Connect: | While in the Daisy Circle: 1. Read the Garden Story, Chapter 4 (p. 47-65 AB) 2. Cover the questions at the end of the chapter and Cover the tidbits in the information boxes as you read. Take Action Project Brainstorm activity (p.67 LG) 3. Water mini-gardens with their friend. |
| Take Action: | | Take Action: | |
| Clean Up: | | Clean Up: | |
| Closing: | Friendship Circle and squeeze (p.41 LG) | Closing: | Friendship Circle and squeeze |
| Misc: | Encourage them to check the Kaper chart to see what their job is for that meeting. Remember to keep it girl led whenever there are decisions to be made. | Misc: | This lesson is covered on pages 65-69 leaders' guide Remember to keep it girl led whenever there are decisions to be made. |
| Earned: | Yellow petal for being friendly and helpful | Earned: | Nothing today |

Notes: